

## How the dream of writing becomes reality



Barbara Pacht-Eberhart  
**Light as a Feather – The Creative Writing Workshop**

[Federleicht - Die kreative Schreibwerkstatt]

How the power of your words become power for your life

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**Barbara Pacht-Eberhart**, born in Vienna, studied flute at a music and art college, and then was certified as a teacher. In 2000 she began working as a clown with the Red-Nosed Clown Doctors, and has been a songwriter for children and choirs. A tragic event in her life brought her to writing: in 2008 her husband and her two children were killed in a car accident. Her two bestsellers *Four Minus Three* and *Why You?* testify to the power that writing can awaken even in the midst of an existential life crisis. After her training in poetic and biblio-therapy, the author has been endeavouring to pass on this strength to others.

Write if the soul demands it. Write if the voice cannot speak. Write if your ideas want to find a place. Write to capture precious moments and awaken memories with a kiss ...

Writing can be quite simple – and can enrich life in unimaginable ways. Barbara Pacht-Eberhart leads her readers from the first light writing steps all the way to publishing one's own texts. The valuable side effect: each kind of writing strengthens a new facet of vitality, of life energy. So it is not only the finished text that is the goal, but also a life that is carried and nurtured by one's own voice – a joyful, meaningful, creative life. This is what writing can give us. *Light as a Feather* will show us how.

- Capturing the beauty of life in words, finding ways to ourselves, overcoming difficult phases: the best-selling author shows how
- With over 100 motivational exercises that will awaken joy in one's own creativity