

On beginnings, ascents, descents and the end – in a nutshell: on the human condition



Mona Jaeger
The Course of Life
[Der Lauf des Lebens —]
Stories of the human condition

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Mona Jaeger, born in 1987, already contributed to various renowned newspapers while she was still studying political science and German language and literature. She has been training as a journalist with the *Frankfurter Allgemeine Zeitung* since 2014. Her work has been awarded the Hessian Journalists Prize and the Journalist Prize of the Darmstadt Press Club.

There are days in life that have more weight than the weeks and months surrounding them. There are moments in life in which time seems to simultaneously stand still and fly by. The first day at school can be one such day, the first kiss one such moment. Sometimes triumph and melancholia are mixed up together, like the first night in one's own apartment. Sometimes something happens that changes us and cannot be undone. Sometimes such moments are preceded by our own decisions; sometimes by admissions that make us powerless; sometimes an immeasurable loss. Being divorced, admitting you have a depression, burying someone you love. These are all moments that have been captured in this volume.

Mona Jaeger writes with sensitivity but also with unusual directness, without sentimentality, without shying away from everything that contributes to life and death. With the clear view of the journalist, she identifies key moments we all know, and with the distinctive style of a skillful narrator she has captured them in a way that is unique.