

A treasure trove for everyone involved in grief counselling



Marianne Sägebrecht
I Embrace Death with my Life

[Ich umarme den Tod mit meinem Leben]

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Marianne Sägebrecht, born in 1945, is a German actress. After training to be a doctor's nurse she ran two artists' pubs in Starnberg and Munich and became an all-round artist. She was in cult films such as *Out of Rosenheim*, *The War of the Roses* and many others. She has been sponsoring a hospice since 2016.

Marianne Sägebrecht, the actress who radiates so much fun of life, has something so many people long for: contentment. Familiar to a wide public from *Out of Rosenheim*, she has had an exciting life. She is not only an actress to the very core of her being but has also run pubs and in the course of time become an all-round artist.

For several years Marianne Sägebrecht has been involved in hospice care and sponsors a hospice. In this book she tells of her encounters with the dying. She is a good listener and has compiled a very personal treasure trove of a special philosophy of life. This is her most personal book about body and soul, love and immortality.