

A companion book for the bereaved of suicide victims



Chris Paul **Why Did You Do This to Us?**

[Warum hast du uns das angetan?]

A companion book for those grieving for someone who has taken their own life

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248 pages
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Chris Paul is a social behavioural scientist and alternative practitioner for psychotherapy focussing on bereavement counselling. As a counsellor and writer of specialist books she has been campaigning for twenty years for appropriate support to be given to the bereaved. Her books are standard works for grievers and counsellors and even beyond this field she is considered one of the most renowned bereavement experts in Germany. She offers extensive training in her Bereavement Institute, which she founded in Bonn. www.trauerinstitut.de

Why did you do this to us? A new edition of the most popular book about grief after suicide is now being published – updated and extended. New chapters dealing with children and teenagers and feelings of guilt and trauma have been added to this standard work for everyone involved in suicide cases. Mourners and their companions can find here all the necessary information, presented sympathetically and geared to genuine needs. Specific tasks help mourners cope with their grief, and sections for family and friends give advice on useful forms of support