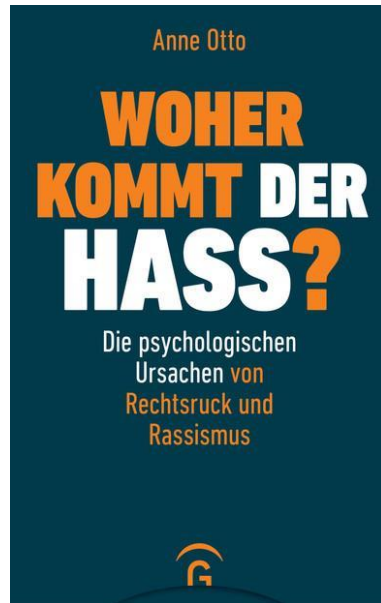


The psychological reasons for hate and racism



Anne Otto
**Where Does the Hate
Come from?**

[Woher kommt der Hass?]
The psychological causes of
the swing to the right and
racism

Gütersloher Verlagshaus
272 pages
Format 13,5 x 21,5 cm
September 2019

Anne Otto, born in 1970, is a psychology graduate and science journalist. After graduation and therapy training in the field of "Psychodrama" she first spent several years working as a clinical psychologist. In 2002 she took up journalism and since then has been freelancing on the staff of the *Spiegel* and also for women's magazines.

Racism, an extreme right-wing mindset, and an aggressive disparagement of "the others" have again become alarmingly socially acceptable. How was this possible? Where does this hate come from?

Anne Otto has wondered what the psychological mechanisms are that make people frequently make openly racist remarks, demand more authoritarian leadership or are even deeply convinced followers of blood and soil ideologies. This important book sheds light on the dark rooms in the basement of our feelings and thoughts.

It explains when it is worth discussing with right-wing followers and when not and sheds light on the mechanisms of extreme right-wing ideologies and the desire for authoritarianism.