

## "The divine dwells within us. Unfortunately we are so seldom at home." *Meister Eckhart*



Harald-Alexander Korp  
**Everything is Possible  
for the Serene Mind**  
[Dem ruhigen Geist ist alles  
möglich]  
Learning to be in the here and  
now with Meister Eckhart

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**Harald-Alexander Korp**, born in 1961, studied religion, philosophy and physics. He gives lectures in the study of religion at the Ludwig Maximilians University in Munich and the Georg August University in Göttingen, is a certified humour coach, caregiver at the Ricam Hospiz in Berlin and the author and director of films and stage plays focussing on inter-religious dialogue and Buddhism. He also holds lectures and seminars on "Humour and end-of-life care".

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If Meister Eckhart were alive today he would not be a monk but a coach, and probably a very successful one. For the 14th century preacher found answers to the spiritual needs of the people of his time that are still as up to date as if they had been made for today.

Harald-Alexander Korp has brought Eckhart's teachings into the present day. He shows how they are as much linked to the mystic traditions from Asia as they are to modern ideas of cognitive therapies, while also uniquely leading to a new trust in life. This is an immensely practical book for everyone longing for spiritual depth and inspiration for day-to-day living.