

## Feminism has done a lot for women. Isn't it time to do something for men?



Ralf Bönt  
**The Degraded Sex**  
[Das entehrte Geschlecht]  
A necessary manifesto for men

Pantheon  
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**Ralf Bönt** was born in 1963 and studied physics. Research trips took him, among other places, to CERN in Geneva. He has published stories, novels, audio plays and essays and has been awarded many prizes for his writings, including the German Book Office Grant New York, the 3sat Prize in the Ingeborg Bachmann contest and the Kelag Prize for an extract from his novel about the physicist Michael Faraday, *The Discovery of Light*.

As a revolutionary movement, feminism brought about huge changes in our society. It called for equality for women and there can be no doubt about it that it achieved a great deal. At the moment, however, the women's movement has come to a dead end. It needs the contribution of men if it is to reach its aim.

That is why it is high time for men to think about themselves and articulate their own expectations of an anti-sexist society. When men at last speak out and what they have to say is at last listened to, we discover that what men regret when they are old is that they spent too little time with their children; that they defined themselves too strongly within the framework of their achievements at work and paid too little attention to themselves.

With a sure eye for detail and great respect for the historic achievements of feminism, Ralf Bönt has in this book dissected the unsatisfactory situation in which men and women find themselves at present. He unapologetically demands the liberation of men from their narrow view of themselves and inflexible life plans.