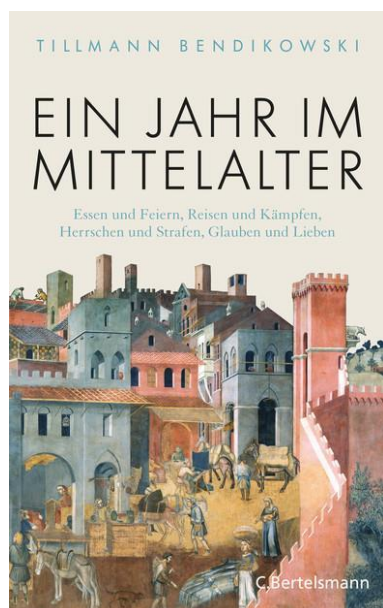


A fascinating, richly illustrated history of daily life in the Middle Ages



Dr. Tillmann Bendikowski
A Year in the Middle Ages

[Ein Jahr im Mittelalter]

Food and celebrations, travel and fighting, ruling and punishing, faith and love

C. Bertelsmann
448 pages
100 colour illustrations
Format 13,5 x 21,5 cm
September 2019

Tillmann Bendikowski, historian and journalist, is the head of the Medienagentur Geschichte (History Media Agency) in Hamburg. He writes for the print media and radio and supervises the organisation of research projects and history exhibitions. His publications include, among others, *The Day on which Germany Came into Being. History of the Battle of the Teutoburg Forest* (2008), *Frederick the Great* (2011), *Summer 1914* (2014) and *War of Religion* (2016).

Popular interest in the Middle Ages has been unbroken for many years. It is the specific things of daily life that are particularly fascinating: How did the people live and die? How did they celebrate, what did they wear and what did they eat? What did they do in case of illness, how did they protect themselves from heat and cold? What did they believe in, what were they frightened of, and what gave them courage?

In narrative form and using numerous colour illustrations the author describes the course of the year, divided into twelve (monthly) chapters, thus allowing readers to dive into life 1000 years ago and giving them an immediate feel for what it was like.