

What you haven't dared to ask so far...



Privatdozent Dr. med.
Peter Ambe
When the Bottom Needs Help – Expert Advice for Complaints in the Taboo Zone

[Wenn der Po Hilfe braucht -
Expertenrat bei Beschwerden
in der Tabuzone]
Possible treatments and
practical help

Südwest
192 pages
20 colour illustrations
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With ca. 20 colour illustrations

Dr. Peter Ambe, born in 1977, is a doctor specialised in visceral surgery, particularly in visceral surgery and proctology. He has been practising in his field for many years. During his career he helped numerous patients to face their problems in the anal area and thus made possible a higher quality of life.

Complaints "down under" are embarrassing to many and are often taboo to talk about. A lot of people hesitate to see the doctor due to shame, and some might wait until the damage has become irreversible. But it doesn't have to be this way!

Most complaints in the anal area can be well treated with the right treatment and most times they can even be cured. Dr. Peter Ambe, renowned specialist for proctology with many years of experience, conveys the necessary knowledge to prevent the fear that might stir when the behind isn't doing all too well.

Whether anal fissures, haemorrhoids, incontinence or constipation. Dr. Ambe explains (surgical and non-surgical) treatment options, gives advice, provides knowledge and describes the procedure of a proctological examination. He takes away the fear and prepares those affected for the next visit to the doctor. A book about an issue that should've already been talked about by now.

- Dispels the fear of visiting a doctor, explains possible treatments and supports prevention
- Extensive information and advice on all anal complaints