

The secret of happy couples

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Christian Thiel studied philosophy and German philology and worked for many years at a center for depth and individual psychology. For 15 years he has been counselling singles and couples in his own practice. He gives lectures on the topics of dating and partnership, holds workshops, and has been training singles counsellors since 2011. As a successful book author, he is an in-demand expert in the media and is a freelance author for various newspapers, magazines, and radio stations.



Christian Thiel
Love Is to Not Take Your Partner the Way He or She Is

[Liebe ist, den Partner nicht so zu nehmen, wie er ist]
How to positively form your relationship through change

Südwest
176 pages
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Most women and – admittedly – men as well are searching for an answer to the question of how the person at their side can be changed. This is one of the fundamental questions of modern relationships.

Yet in the search for answers, people are generally in the dark. There are reasons for that: many relationship experts, well-meaning friends, and magazines state that it is impossible to make one's partner change, and that those who truly love will accept their partners the way they are. But this view is incorrect.

In his book, Christian Thiel explains that it is not only permissible to change your partner, it is necessary – if you want to have a consistently happy and stable relationship. When you are discontent, there is only one way: you need to go about getting what you need – and that means making your partner change.

- Solid communication and behaviour strategies for becoming happy again with your partner
- Written by one of the most popular singles and couples counsellors in Germany

Press

"Very vividly and with many examples, [...] Christian Thiel

presents his provocative thesis: Love means not taking the partner just as he or she is." *flair*