

## The best prevention for many chronic conditions and premature aging



### Hannelore Fischer-Reska **Deacidification Revolution**

[Entsäuerungs-Revolution]  
Finally detoxifying properly!  
The 12-week home cure

Südwest  
224 pages  
Format 16,2 x 21,5 cm  
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With ca. 40 colour photographs

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**Hannelore Fischer-Reska** worked more than 25 years as an alternative medical practitioner in her Institute for Naturopathy and Alternative Medicine. There she developed a series of special naturopathic therapies, which have found recognition and application far beyond the borders of Germany.

**Andreas Hammering** is a managing director of Laetitia Naturprodukte, a company founded by Hannelore Fischer-Reska. He has more than 20 years of experience as a traditional medical professional and practitioner in natural therapies.

Over-acidification can lead to numerous health problems. This book shows how in only 12 weeks the acid-base balance can be re-established and how people can enduringly protect themselves against over-acidification. The result: health, good looks, and more power and vitality.

Making use of the latest scientific findings, Andreas Hammering has completely revised the previous edition of this bestseller and has added the chapters "Deacidification and Sport" and "The History of Deacidification".

- The comprehensive program: in 12 weeks to acid-base balance – effective and enduring
- Revised and expanded new edition of the bestseller with more than 40,000 copies sold: based on the latest scientific findings