



Dr. med. Peter Schleicher
**Healing Naturally with
Black Caraway**
[Natürlich heilen mit
Schwarzkümmel]
The Best Applications for
Activating the Body's Own
Resistance

Südwest
112 pages
Format 13,0 x 19,0 cm
April 2007

Rights sold to:
Poland (Purana), US (Inner
Traditions)

- The classic, revised and newly designed
- Thorough descriptions of the origins, effects, and uses of black caraway
- Compact format of the many conditions that can be treated with black caraway
- Practical uses and numerous recipes

Black caraway has been used in the Orient as a healing substance for over 3000 years. It strengthens the immune system and helps with many complaints such as colds, fatigue, allergies, gastrointestinal conditions, fungus infections, and skin conditions. It also has a health-strengthening effect on diabetes and cancer, and aids in weight reduction. Black caraway is not a medicine. It is used as a nutritional supplement in the form of capsules, oil, or spice for treatments both internally and externally.

Also available:
Argan-Öl [Argan Oil], 2004