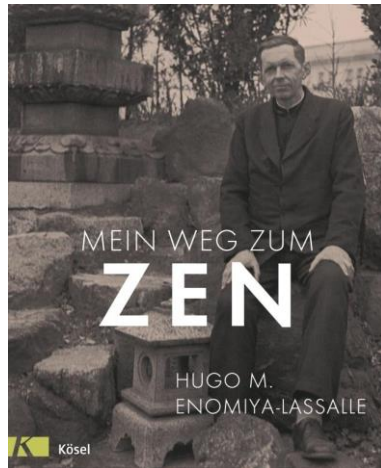


Trailblazer for Zen in the West



Hugo M. Enomiya-Lassalle
My Path to Zen
[Mein Weg zum Zen]

Kösel Sach-/Fachbuch
192 pages
70 b/w illustrations
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Hugo M. Enomiya-Lassalle, born in 1898, was a Jesuit priest and Zen master. He went to Japan in 1929 and administrated the Jesuit building of the catholic Sophia University and championed social issues. Lassalle lived in Hiroshima and survived the nuclear bomb thrown onto the city. He became a Japanese citizen under the name Makibi Enomiya. His life and works have been a lasting source of inspiration for Willigis Jäger, Niklaus Brantschen and others.

In the 1950s, Jesuit Hugo M. Enomiya-Lassalle, who lived in Japan for many years, began to mediate and build a bridge between Christian and Buddhist spirituality.

When he died at the age of almost 92 in 1990, he left behind not only more than 4,000 students but also writings that helped Zen meditation to become greatly popular in the West.