

Not having to – being able to do everything



Cornelia Coenen-Marx
Once Again Everything Is Open

[Noch einmal ist alles offen]
The gift of growing older

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Cornelia Coenen-Marx, born in 1952, is an evangelical theologian and founding co-editor of the magazine *Chrismon*. Since 2015 she has been working in cooperation with the Institute for Gerontology in Heidelberg under Professor Andreas Kruse at a project on the topic of "the very old and their church". She is a book author and conference speaker.

In the last hundred years we have gained ten healthy years of life. Spending these years with leisure activities is for many older people and from a socio-political point of view of dubious value. For it is precisely here, with those people in the third phase of their lives, that enormous civic potential is lying slumbering.

For the author, discovering and living this potential with enjoyment is not possible without spiritual motivation and firmly anchored in the context of theological thought.