

## Thinking – newly perceiving – living mindfully



Rainer Oberthür  
**Imagine ...**

[Stell dir vor ...]

Thought games about yourself,  
God, and the world

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**Rainer Oberthür**, born in 1961, is among the best-regarded religious educators in the German-speaking world. A lecturer on religious education and the deputy head of the Catechetical Institute of the Diocese of Aachen, he also took on a post as lecturer at the University of Wuppertal in 2008.

People have the marvellous ability to think and to fantasise and to question everything in order to gain a new perspective on real life.

This human characteristic is the focus of this book. It playfully offers ideas that stimulate further ideas, and its simple thought experiments, stimulations, and mental exercises will help us live more consciously, reflectively, and attentively.