

Our longing for a soulmate



Dr. Wunibald Müller
I Wish You a Soulmate
[Ich wünsch dir einen
Seelenfreund]
How to develop supportive
relationships

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Wunibald Müller, PhD, born in 1950, is a theologian and psychologist. He was head of the Recollectio House at Münsterschwarzach Abbey for 25 years, where consultants suffering from burnout can make a good recovery. He has also authored many books on spirituality, self-help and psychology.

We all have a desire for deep and meaningful relationships where we find a real connection and understanding with someone else: in other words, a soulmate. This mutually felt bond can occur in any situation – between friends, in counselling or in brief encounters, as well as in a long-term relationship. Wunibald Müller shows what distinguishes this kind of close friendship, why we need it, and how we can find and preserve it.

Also available:

Experiences of the Eternal [Erfahrungen des Ewigen], 2006
Anselm Grün / Wunibald Müller, What is the Soul? My secret – my strength [Was ist die Seele?], 2008
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