

## This time belongs to me



Petra Teufl, Sabine Rädisch  
**The Writing Pleasure Book**

[Das Schreiblustbuch]  
 Writing, scribbling, playing with words

Kösel Sach-/Fachbuch  
 128 pages  
 Format 12,5 x 18,7 cm  
 March 2019  
 4-colour throughout

**Petra Teufl**, born in 1965, studied social education and creative and biographical writing. She is the author of non-fiction and short stories and directs a writing workshop at the East Bavarian Technical University in Regensburg.

**Sabine Rädisch**, born in 1973, had been studying civil engineering before receiving certification as a writing teacher and completing additional studies as a writing consultant. Since 2011 she has been teaching biographical and creative writing at the vocational and continuing education institute in Regensburg and in her own writing workshop. She has published both poetry and prose in anthologies and magazines.

*The Writing Pleasure Book* will entice readers to poetically depict moments from their everyday life. Here are 50 short, cogent writing inspirations that will motivate people to express ideas and feelings on paper wherever they are, whether on the train, in a café, or at home in the evening. Strange and cunning mental games, thought-provoking and stimulating questions, and wondrous, fanciful images will spur the imagination and enable those castles in the air to assume hand-written form.

This lovingly illustrated book is always at hand. Simply open to a page, read a suggestion, and immerse yourself in the realm of creativity – to treat yourself to a bit of poetic adventure.

- 50 writing suggestions, with plenty of room for your own writing
- Gift book for yourself and others

