

I want to be my own boss



Vera Bartholomay
Project Aspiration
[Projekt Sehnsucht]
A book of encouragement for
all who dream of the
independence of self-
employment

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Vera Bartholomay, born in 1958 in Norway, is one of the leading Therapeutic Touch teachers in Germany, Norway, and Switzerland. For the past 20 years she has had her own practice in Germany and has been giving training seminars in this method throughout Europe. As a seminar leader she focuses on the themes of personality development, holistic body work, and a fulfilling career life.

Vera Bartholomay shows how the desire for being self-employed in one's profession, despite any doubts or reservations, can eventually become reality. The practical suggestions, visualisations, and exercises for self-reflection in this book explain how the obstacles to realising this project of professional independence can be overcome.

- An accompaniment on the inner path to professional independence
- With exercises, tips, and case examples of successful projects
- The special way of coming to a decision