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Liane Dirks
**Writing Your Way into
Life**
[Sich ins Leben schreiben]
The path to self-development

Kösel Sach-/Fachbuch
240 pages
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Liane Dirks, born in 1955, is a freelance writer. She has received numerous prizes and awards for her books. Through her literary activity and her involvement with spiritual teachings as well as creative writing, this qualified talk therapist and meditation and Tai-Ji teacher developed her own access to self-discovery in the creative process. She has followed this approach in her seminars and individual counselling for many years.

Who has not had the desire to discover his or her own uniqueness, to develop personally, to grow innerly, and become a free, complete human being? The writer and lecturer Liane Dirks shows how working with words can be used as part of the creative journey to oneself.

Writing allows access to one's own way of expression, to one's own language. It is an effective instrument not only to process and to leave behind life situations, but also to actively create something new. Whoever takes this path of self-development can go from a blank sheet to the creator of his or her own history.

- With numerous instructions for creative self-development
- For all who want to find the way to themselves through writing

www.liane-dirks.de