



Dr. Willem Lammers  
**Self-Coaching with  
Logosynthesis**  
[Selbstcoaching mit  
Logosynthese]  
Dissolve mental blocks,  
overcome crises

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**Willem Lammers** is a psychologist, psychotherapist, lecturer and coach who teaches, among other things, the Logosynthesis® method, which he developed himself. He is also the founder of the Institute for Applied Social Sciences (ias) in Bad Ragaz, Switzerland, one of the leading institutions for the training of professionals in the fields of coaching, supervision and organisation development.

Whether they are mental, physical, occupational, familial or financial in nature, burdens can be counteracted immediately through Logosynthesis. With the help of pinpointed sentences offered to the sufferer, troublesome structures and mental blocks can be disposed of, step by step, re-releasing the flow of life energy. A compelling and simple method for self-healing and self-coaching in everyday life.

Read more at  
[www.logosynthesis.net](http://www.logosynthesis.net) or  
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