

Founded, comprehensible orientation – competent and holistic



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Health for Children

[Gesundheit für Kinder]

Modern medicine – natural healing techniques – self-help

Kösel Sach-/Fachbuch

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4c throughout with numerous photos, charts and graphs

Updated, revised edition of the bestseller (more than 140,000 copies sold)

Herbert Renz-Polster (MD, PhD) is a paediatrician and scientist at the Mannheim Institute for Public Health at the University of Heidelberg and has trained in both Europe and the USA. He is an editor of a well-known clinical textbook for medical students in Germany and is considered one of the most renowned voices in the questions of child development. His works *Human Children* and *Understanding Children* have permanently influenced the parenting discussions in Germany. He is the father of four children.

www.kinderverstehen.de

Nicole Menche (MD, PhD) has been working as a doctor in hospital and

Health for Children is the standard work for parents. A balanced presentation of various treatments helps to recognize when a standard medicinal therapy makes sense and when natural treatments are the better option. The book provides competent advice on prevention and treatment of children's diseases, on when parents can competently treat their kids with household remedies and when it is time to take them to the paediatrician. Moreover, it conveys well-founded knowledge on how children develop and what a health-benefitting education can look like.

The authors have not only gained a great deal of experience from their medical practices; between them, they are the parents of 12 children.

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general practice. The medical editor, author and publisher focusses mainly on anatomy, physiology and internal medicine.

Arne Schäffler (MD, PhD) is a physician and works as a consultant and author for medical publishers.