

## Understanding emotionally expressive children



Nora Imlau  
**You Are Different, You Are Wonderful**

[Du bist anders, du bist gut]  
How to accompany highly emotional children as they grow up.

Kösel Sach-/Fachbuch  
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**Nora Imlau**, born in 1983, is one of the most important experts on babies and small children in Germany. As a journalist and author for family issues, she writes for the magazine *Eltern*, among others, and has published several successful parenting advice books. In her talks and workshops she advocates for a strong bonding and relationship-rich family life. Through her consistent needs-oriented perspective on children and parents, she has many followers on Facebook and her blog. She has four children and lives in Leipzig. Her book *So Much Joy, So Much Anger* is a bestseller.

Some children have stronger emotions than others. More joy, more anger, more sadness ... In this sequel to her bestseller *So Much Joy, So Much Anger*, Nora Imlau examines the challenges the families of these children face when they grow older – at the latest when they start school. As they become increasingly independent, have to cope with ever more pressure to get good marks at school, and deal with the growing influence of friends, it is important for parents to remain unperturbed – even when everything keeps going haywire in the extremes of emotions.

In this book, Nora Imlau explains what happens in the brains of highly emotional children during adolescence, and gives a host of examples of and possible solutions to day-to-day conflicts and special crises.

- One child in seven is judged to be highly emotional