

Peace in the family – finally



Nicola Schmidt
Siblings as a Team
[Geschwister als Team]
Ideas for a strong family

Kösel Sach-/Fachbuch
240 pages
1 b/w illustrations
Format 13,5 x 21,5 cm
October 2018

Rights sold to:

Italy (E.C.S. Erickson), Korea (Sigongsa)

Nicola Schmidt, born in 1977, is a science journalist, blogger, and social media expert. In 2010 she founded the Species-Appropriate Project, which along with parental counselling offers wilderness camps for families with babies.

www.artgerecht-projekt.de

"One child is hardly any children – but two are like four!" With each new sibling, the turbulence factor in a family increases exponentially. Why? From an evolutionary perspective, siblings are rivals competing for food and security. "I want apple juice first! No, this is my seat! I want to sit in front!"

Once parents have read this book, they will know what the children are really fighting about, and also how best to support them in growing up together. Nicola Schmidt describes ingeniously simple ways to turn the nastiest rivals into strong partnerships and teams. Parents will thus know how to react constructively when all their children scream "Me first!" at the same time.

- Sibling rivalry: often the issue number one in families