

## Proper sleeping, playing, toilet training, and being well looked after



### Nicola Schmidt **Species Appropriate – The Other Kind of Small Children Book**

[artgerecht - Das andere  
Kleinkinderbuch]  
Lovingly accompanying  
emotions – Understanding  
developmental stages –  
Growing with children

Kösel Sach-/Fachbuch  
304 pages  
24 colour illustrations  
Format 17,0 x 24,0 cm  
May 2018  
4-colour throughout, with many  
illustrations

**Rights sold to:**  
Czech Republic (Fontana)

**Nicola Schmidt**, born in 1977, is a science journalist, blogger, and social media expert. In 2010 she founded the Species-Appropriate Project, which along with parental counselling offers wilderness camps for families with babies.

[www.artgerecht-projekt.de](http://www.artgerecht-projekt.de)

Thousands of enthusiastic parents have read everything that Nicola Schmidt has written about proper parenting. Now they are eagerly awaiting the next of these successful books on babies and small children.

What happens in the nervous system, in the rapidly growing body, and during the flood of hormones when babies grow into toddlers? What has evolution given them for fulfilling these developmental tasks, and why do these at times bring parents to the brink of despair? What can science help with in day-to-day life, and what old wives' tales are still bouncing around in our heads?

Nicola Schmidt answers countless of these burning questions about the toddler phase – as always well researched, entertaining, and refreshingly undogmatic.