

How unborn children imbalance the family system



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Spirit Children and How They Affect the Family
[Seelenkinder und wie sie in ihrer Familie wirken]

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Sereina Heim, born in 1982, studied pedagogy at the University of Zurich and now has her own practice as family therapist. Being clairvoyant since childhood, she developed her talents through instruction in mediumism and spiritual healing. She trained in prenatal therapy according to St. John, and has taken part in an intensive seminar with Bert Hellinger on spiritual family constellations.

When children suffer from ADHD, sleep problems, or excessive outbursts of rage, there could be a cause whose significance has probably not been recognised: siblings who were never born, known as "spirit children", and who are searching for a place in the family. An unborn spirit, if mostly forgotten, will not have been emotionally integrated into the family. The resulting void or incompleteness in the family creates a tension that could affect the behaviour of the other children. When the spirit child is accepted, symbolically and with love, many crises that children are going through can be finally resolved.

This book provides explanations and solutions for behavioural problems in babies and young children while exploring the spiritual dimensions of family life.

- Basic help for babies and children for falling asleep, excessive crying, ADHS, fighting with siblings, and more