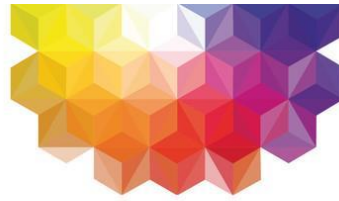


Life strategies for highly gifted adults



Claudia Niklas
Andreas Niklas

Die Rätzel- haften

Wie **Hochbegabte**
besser mit sich
und anderen leben



Claudia Niklas, Andreas
Niklas

Puzzling People

[Die Rätzelhaften]

How highly gifted people can
understand and accept
themselves

Kösel Sach-/Fachbuch
208 pages
4 b/w illustrations
Format 13,5 x 21,5 cm
April 2017

Andreas Niklas, a degreed psychologist, has worked in private practice since 1998. He is a member of the group of experts on high aptitude of the Professional Association of German Psychologists, and focusses on high-aptitude diagnostics in children and adults.

Claudia Niklas worked in art history as a journalist. In addition to specialist publications, the couple have written two successful books on kinesiology. They are parents of two highly gifted children.

Highly talented people with an IQ of more than 130 think faster and have a very powerful imagination. Yet their difference also brings problems in dealing with other people. They bore quickly, they hide their talents and isolate themselves, and suffer from such circumstances.

The authors show how highly talented people can finally feel comfortable in their own skin, find their own way, be true to themselves and their environment, and discover the world with a thirst for knowledge.

- Offers gifted adults many inspirations for getting along well with their talent in this life