

## Recognising high sensitivity as a strength

**Rights sold to:**

Italy (Feltrinelli), Korea (Gilbut)

**Rolf Sellin**, born in 1948, has a master's degree in architecture but now works as a natural-health practitioner for psychotherapy in Stuttgart. After he suffered for years from his unrecognised hyper-sensitivity, he made his special gift his profession developing highly effective methods to alleviate hyper-sensitivity. He directs the HSP Institute in Stuttgart, which offers counselling, seminars, coaching and psychotherapy for highly sensitive persons (HSP). [www.hsp-institut.de](http://www.hsp-institut.de)



Rolf Sellin  
**My Child Is Highly Sensitive  
What Can I Do?**

[Mein Kind ist hochsensibel - was tun?]  
How to understand, strengthen, and support

Kösel Sach-/Fachbuch  
208 pages  
8 b/w illustrations  
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Highly sensitive children experience the world more differentiatedly and at the same time more intensively than other children. With their very unusual nature, they need purposeful support so that they will feel respected and accepted.

Rolf Sellin, a renowned expert for high sensitivity, has already helped thousands of highly sensitive people with his special approach. Here he reveals to parents, educators, and teachers how they can provide for the special needs of highly sensitive children. Above all this involves providing them the necessary security, while at the same time giving them challenges. An extra chapter offers valuable hints to parents, educators, and teachers who are likewise highly sensitive.

- A helpful advice book for dealing with highly sensitive children
- Respecting, supporting, setting boundaries – accompanying highly sensitive children through life