

Of the courage to live out your dreams



Sabine Asgodom
Your Aspiration Will Lead You

[Deine Sehnsucht wird dich führen]

How people achieve what they dream of

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Sabine Asgodom is one of the leading management trainers in Germany. *The Financial Times* ranks the bestselling author among the 101 most important women in the German economy. A coveted speaker at conventions and events, she coaches executives, managers, the self-employed and anyone whose life is undergoing a period of change. She also publishes the magazine *Coaching heute*. In 1999 the former journalist founded her own company, Asgodom live, which specializes in life coaching and management training.

www.asgodom.de

In her new book, the bestselling author Sabine Asgodom defines aspiration as an important factor in success. People know what they need in order to be happy. This knowledge is their aspiration. Those who accept the connection to their aspirations and desires, discern them, and then go in search of them will have the chance to lead the life they have been dreaming of.

Top-Coach Sabine Asgodom encourages us to take our aspirations seriously and to follow them. She describes how to discover our heart's desires, how to realise them, and how patience and hope help in this process. With many examples, she shows how people have realised their dreams, how they attained their goals in spite of obstacles, what gave them confidence, and who helped them in this. Here is an inspiring book for all who are searching for fulfilment and believe that it is possible to find it.

- The new book from the star of the coaching scene
- More than 600,000 copies sold of Sabine Asgodom's previous books