

Only the best for our children's health



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**Health for Children:
Preventing, identifying
and treating childhood
diseases.**

[Gesundheit für Kinder:
Kinderkrankheiten verhüten,
erkennen, behandeln]

Modern medicine – natural
healing techniques – Selfhelp

Kösel Sach-/Fachbuch

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Herbert Renz-Polster (MD, PhD) is a paediatrician and scientist at the Mannheim Institute for Public Health at the University of Heidelberg and has trained in both Europe and the USA. He is an editor of a well-known clinical textbook for medical students in Germany and is considered one of the most renowned voices in the questions of child development. His works *Human Children* and *Understanding Children* have permanently influenced the parenting discussions in Germany. He is the father of four children.

Health for Children helps parents recognise when a traditional medical treatment is required and when natural healing is the better approach, when they can competently treat their child with home remedies and when it's time to go to the paediatrician. In addition, it conveys a firm grasp of how children develop and demonstrates how to raise them to be healthy individuals. The contents include:

- a balanced presentation of various therapies
- authoritative advice on how to prevent and treat children's diseases
- important information about children's development, nutrition and education to become strong, healthy personalities

The authors have not only gained a great deal of experience from their medical practices; between them, they are the parents of 12 children ranging in age from 1 to 16.

www.kinderverstehen.de

- Over 80,000 copies sold

Also available:

Understanding Children. Born to be wild - Child development and parenting from an evolutionary perspective [Kinder verstehen], 2009

Sold to: Poland (Harbor Point)