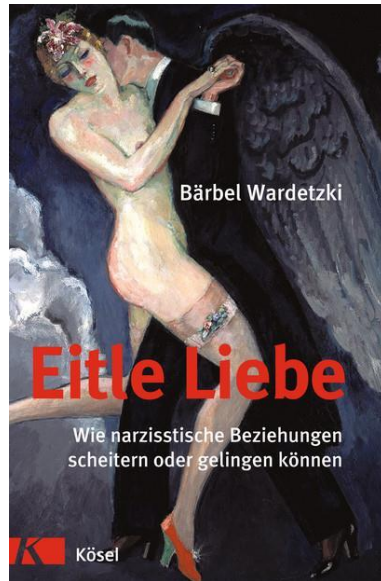


The new book by our bestselling author



Dr. Bärbel Wardetzki

Vain Love

[Eitle Liebe]

How narcissistic relationships can fail or succeed

Kösel Sach-/Fachbuch
176 pages
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Korea (Book 21), Spain (Desclee de Brouwer)

Bärbel Wardetzki, born in 1952, is a psychotherapist and supervisor who also works in further education. Much in demand as a speaker at conventions, Wardetzki is also a regular guest on TV and radio, and has written numerous bestsellers with total sales of more than 300,000 copies.

www.baerbel-wardetzki.de

Narcissistic relationships are like fireworks: heated emotions, intense desire, sizzling seduction and amazing intimacy – but usually, the fire dies out before long. What remains are the hurt feelings and frustrations caused by the partner's self-centred behaviour. Bestselling author Bärbel Wardetzki examines the dynamics of self-centred relationships and the inevitable emotional suffering they cause. She shows how narcissistic couples can live together happily without either of them suffering too much.

Includes case studies and a self-assessment test

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