

What our children are really trying to tell us



Nelia Schmid König
**So That No Child Breaks
a Wing**

[Damit Kindern kein Flügel
bricht]

Understanding problem
behaviour in children, and
promoting a positive family
atmosphere

Kösel Sach-/Fachbuch
272 pages
Format 13,5 x 21,5 cm
April 2010

Dr. Nelia Schmid König, born in 1956, works in Munich as a therapist for children, young people and families. She previously worked in adult education and as a lecturer at a psychoanalytical training institute for many years.

Therapists are reporting a constant rise in the number of children and young people diagnosed with ADHD, learning difficulties, depression, bedwetting, and similar conditions. All too often, the focus of intervention is on the symptoms of these conditions, with varying degrees of success, while domestic problems, which affect the family as a whole, are regularly neglected in the therapy process. Numerous practical examples make it clear how constructive interaction can be reintroduced into families, which simultaneously supports children in their development and allows parents to re-establish a loving relationship as a couple.