



Franziska Böhler, Jarka Kubsova

## I'm a Nurse

[I'm a Nurse]

Why I love my profession – despite everything

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**Franziska Böhler** has worked as a nurse at a surgical intensive care unit near Frankfurt am Main since 2007, and since 2018 also as a nurse anaesthetist. Posting under the handle @thefabulousfranzi, she has more than 150,000 followers on Instagram, where she regularly reports on dramatic stories from the front line and draws attention to the nursing crisis.

**Jarka Kubsova** qualified as a nurse in 1996, but soon grew disillusioned by the system and decided to change profession. She studied sociology and social economics in Hamburg, and has since then worked at the *Financial Times Deutschland*, the *Stern* magazine and *Die Zeit*. She has ghostwritten several successful works of non-fiction.

Through moving everyday stories, dedicated nurse Franziska Böhler describes what life is like in hospitals and care homes, and explains what we have to do to bring compassion back into nursing.

To help other people, and provide focused and expert care for those most in need: For Franziska Böhler, nursing is the most meaningful vocation of all. But compassion far too often falls by the wayside, and the nursing profession itself is in dire need of help. Böhler tells us about her own moving experiences at work, as well as those of patients, midwives, trainees and doctors, to reveal the suffering caused by tight budgets and understaffed hospitals and care homes.

In this book, Franziska Böhler gives carers, patients and relatives a voice, with her critique of the health system, the solutions she proposes, and her wish to finally be able to fully devote herself again to caring for, helping and comforting others.