

Puberty, the state of emergency – when children become weird



Silke Neumayer
**Puberty is Great –
Unfortunately We're
Parents Now**

[Pubertät ist voll nice ... Nur blöd, dass wir jetzt die Eltern sind]

Stories from the hormonal phase

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With illustrations

Silke Neumayer, born in 1962, is a scriptwriter for films and television and a bestselling author of fiction and non-fiction. Her last book, *I Remember Me as Being Younger* about growing older for women, was top of the Spiegel bestselling list for half a year.

Your child's first long-term relationship, spots that make going to school simply impossible, awkward conversations about the facts of life, or sheer panic when their smartphone suddenly stops working – bestselling author and long-suffering mother Silke Neumayer is convinced that what we experience when our once-so-sweet darlings enter puberty can only be explained by the fact that the little ones are abducted by aliens at the age of 13 or so. They turn into teenagers overnight, and although they're still there, they're no longer quite the same.

A deliciously entertaining account of parental suffering which uncovers the daily madness of living with a teenager, told with much wit and humour.