

The refreshing life philosophy of the legendary entertainer



Thomas Gottschalk
Autumn Bright

[Herbstbunt]

Getting old but not wiser is a foolish thing indeed

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Thomas Gottschalk was born in 1950 and started his career with *Bayerischer Rundfunk* broadcasting. His breakthrough came with "Na so was!" in the evening programme of ZDF television. 1987 was the year he took over the show "Wetten dass ...!", which he presented 151 times, until 2011. Gottschalk lives in Berlin and Malibu. *Autumn Bright* is his first book.

Reflective, witty, self-ironic and worldly-wise – Thomas Gottschalk takes a look at what the process of growing old entails. He describes the funny and painful sides of life beyond 65 as well as the positive corollaries. The tiresome struggle with those extra pounds, a curious fast-cum-hike, 40 days without any alcohol, and other attempts to keep up with the times all lead to one reassuring realisation: in spite of wrinkles and wear and tear (the knees, the back) – with equanimity and a good dose of optimism you can face the inevitable and grow old without getting bitter in the process.