

As original as Picasso, as productive as Beyoncé and as happy as the Dalai Lama



Melanie Raabe
Creativity!
[Kreativität]
How creativity makes us
braver, happier and stronger

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Melanie Raabe was born in 1981. After her studies she worked as a journalist during the day and secretly wrote books at night. *The Trap* was published in 2015, followed by *The Truth* in 2016 and *The Shadow* in 2018. Melanie Raabe's novels are published in over 20 countries and several movie adaptations are underway. She also co-hosts a weekly podcast on the topic of creativity, 'Raabe & Krieg'.

Creativity makes happy – and helps us to cope with life's challenges, the big as well as the small ones. *Spiegel* bestselling author Melanie Raabe has herself been searching for her "very own thing" for years and now explains why every one of us is creative and how we can find the inspiration to identify the things that make up our inner self and let us progress.

Creativity! is about courage and perseverance, lightness and endurance, originality and crazy ideas; it is about productivity and procrastination, about failure and, above all, it is about carrying on even when the headwinds blow strongly.

For creativity is more than an occasional flash of inspiration. Creativity is a state of mind.