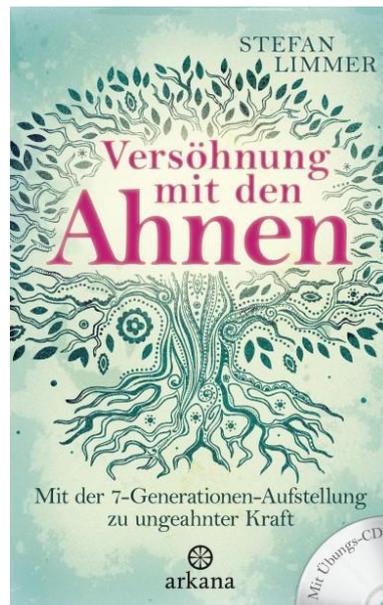


## The surprisingly easy way to make use of the power of the ancestors



### Stefan Limmer **Reconciliation with the Ancestors**

[Versöhnung mit den Ahnen]  
Incredible power through the 7-generation constellation

Arkana HC  
224 pages  
7 b/w illustrations  
Format 13,5 x 21,5 cm  
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With 7 b/w illustrations and CD

**Stefan Limmer**, born in 1964, is a building biologist, natural healer, seminar leader, and initiated shaman. Along with naturopathic procedures, the emphasis of his practice is on energetic and shamanic healing methods, which he has studied and used since 1996. From this he developed his own particular method, which is optimally adapted to the needs, behaviour patterns, and illness symptoms of people in the Western world. He has his own healing practice and gives seminars and trainings.

Nearly everyone has experienced conflicts with parents, grandparents, and other relatives. To resolve them is often laborious and might take half a lifetime. But this can also happen more easily.

The renowned natural healer Stefan Limmer has developed the extremely effective 7-generation constellation, which anyone can work with at home by means of the included CD. With this method, conflicts can be viewed from a higher perspective and made clear while the primal field of the ancestors is activated. Blocked energies, which are evidenced in one's personal life by failure, illness, and disorientation, can amazingly and easily be made to flow again. In addition, the author explains the power inherent in the family system, the effects blockages and injuries can have in the field of the ancestral family, and how strongly one's entire life is affected when clarification, reconciliation, and thus healing is allowed to occur on this level.

- Overcoming obstacles and using the power of our ancestors
- A contemporary combination of family constellation and reconciliation work
- Includes a CD with the "7-generation ensemble"

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