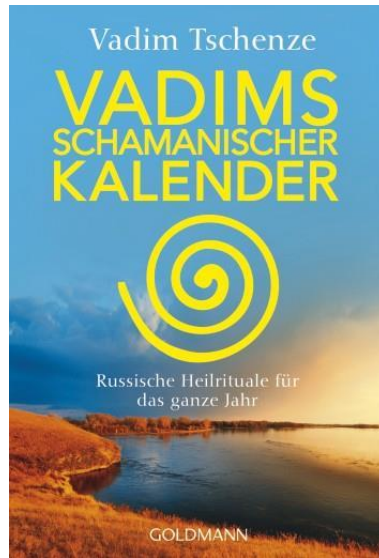


Russian shamanic impetuses and protection for every day



Vadim Tschenze
Vadim's Shamanic Calendar
[Vadims schamanischer Kalender]
Russian healing rituals throughout the year

Goldmann Taschenbuch
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Vadim Tschenze, born in 1973 in Uzbekistan, has for many years been the director of the Vadim Tschenze Academy for Spiritual Healing, Shamanism and Mediality in Switzerland. He is the author of many books. His spiritual wisdom of parapsychology, natural healing, and spirituality has been passed down in his family for generations.
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Each day we are exposed to a wide variety of energies emanating from people, plants, animals, the natural elements, and even houses and rooms. Some of these energies can adversely affect us. It is thus imperative that we know how to sufficiently protect ourselves from them.

For this almanac Vadim Tschenze has assembled the most effective protection ceremonies and practices deriving from the age-old traditional knowledge of the Siberian shamans. With this you will discover what planetary energies are happening on a particular day, what day-energy your birthday has, what your shamanic protective number is, and more. Through ritual-based energy healing work, you will learn to dissolve blockages and allow energies to flow again.

- An indispensable guide with invaluable inspirations and motivations for every day
- How to use specific qualities (negative – positive – neutral) immanent in each day, and how to avoid maleficent energies