

How to make every garden a paradise – without stress and unnecessary work



Johanna Paungger,
Thomas Poppe
The Living Garden
[Der lebendige Garten]
Gardening at the right time –
In harmony with the rhythms
of the moon and nature

Goldmann Taschenbuch
384 pages
Format 12,5 x 18,3 cm
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With ca. 50 b/w illustrations

Johanna Paungger, born in 1953, grew up knowing about the rhythms of the moon and nature, and with her grandfather, who shared with her his huge knowledge of a healthy life style and vitality up into old age.

Thomas Poppe, born in 1952, majored in American studies and communications, working at first as a translator, after which he produced a series of publications together with Johanna Paungger about the moon. He has for many years been interested in how the rhythms of the moon influence day-to-day living.

www.paungger-poppe.com
www.wisdom-keeper.com

Follow the moon and find your "green thumb". Moon experts Johanna Paungger and Thomas Poppe explain how anyone who knows about the influence of the rhythms of the moon can easily turn their garden or balcony into a sea of blossoms without chemical fertilizer and pesticides. This is a special kind of gardening book – containing all the knowledge concerning the right time.

Create your own special sea of blossoms and a rich harvest. With an annual schedule, planting suggestions, and plant combinations.

- The ultimate gardening book
- Gardening without toxic substances and fertilizers – natural ways of keeping slugs, greenfly, and mildew at bay
- With an annual schedule, planting suggestions, and easy-to-follow plant combinations
- Vegetables, fruit, herbs, and ornamental flowers from A to Z