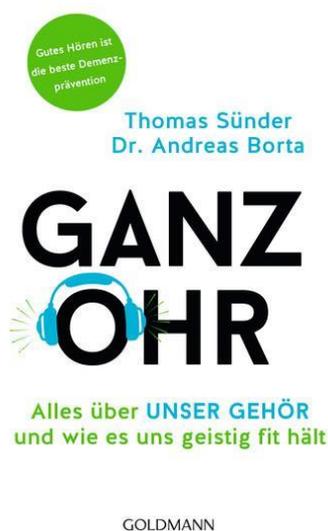


All about our hearing: informative, fascinating, vivid



Thomas Sünder, Dr.
Andreas Borta

All Ears

[Ganz Ohr]

All about our hearing and how
it keeps us mentally fit

Goldmann Taschenbuch

384 pages

20 b/w illustrations

Format 13,5 x 20,6 cm

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Thomas Sünder, born in 1975, studied German literature and media, philosophy and art history. He freelanced as a musician, DJ and writer – until 2016, when the diagnosis of Menière's disease, a disorder of the inner ear, put an abrupt end to his international career as a wedding DJ.

Dr. Andreas Borta, born in 1975, gained a PhD in psychology. After doing scientific research in the field of learning processes and neurodegenerative diseases, he has been working for Boehringer Ingelheim since 2012, and is involved in developing medication for the treatment of loss of hearing.

DJ Thomas Sünder had played music at more than 500 weddings – and then suffered sudden hearing loss, became deaf in his left ear and had to give up his job. This existential event was reason enough for him to join scientist Dr. Andreas Borta on a fascinating journey through the human hearing system.

Did you know, for example, that hardness of hearing is one of the most widespread diseases of civilisation? Many people over the age of 50 are affected, but young people are also at risk because of a permanent exposure to noise. Hearing aids are usually a cause for shame, and yet they are an indispensable tool: latest research indicates that a hearing impairment that is not compensated for by a hearing aid increases the risk of dementia by more than four hundred percent! And so one thing is clear: people with better hearing stay fit longer!

This book reaches out to a wide range of people, not only those suffering from hearing loss, but also their relatives as well as caregivers. The stigma related to hearing loss and hearing aids is heavily discussed, as well as some exciting near future advancements in hearing technology. [It] contains many practical tips for people with and without hearing loss, spanning from noise protection, spatial acoustics, to behavior tips while interacting with people using hearing aids. Overall, this book provides a great step forward in educating people about the relevance of hearing, promoting hearing protection, and utilizing hearing healthcare for improved quality of life. I believe that this book has the potential to interest all people to think

different about the ears and to raise awareness regarding protection and maintaining their hearing functioning properly.

Victoria Sanchez, Au.D., Ph.D., CCC-A/F-AAA, Assistant Professor, Morsani College of Medicine, University of South Florida

Press

"Certainly one of the most important works of recent years concerning a healthy hearing." *Preußische Allgemeine Zeitung*

"This book is absolutely worth reading for all those who want to learn more about their ears and hearing sense." *Spektrum der Wissenschaft*

"Thomas Sünder and Andreas Borta convey knowledgeable facts and much more in this wonderful, entirely exciting and entertaining book." *Spektrum der Wissenschaft*