

"The secret to success is team building." *Stefanie Stahl & Dr. Christian Bernreiter*



Stefanie Stahl, Dr.
Christian Bernreiter
That's Just How I Am! At Work

[So bin ich eben! im Job]
Working type-oriented in a team: the key to success at work

Kailash
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Stefanie Stahl is a degreed psychologist. She is Germany's best-known psychotherapist and holds seminars about fear of commitment, love and self-esteem. For years her books have been listed on the top ranks of the bestseller lists having sold more than one million copies. *The Child Within You Must Find a Home* was bestseller of the year in Germany for three years in a row.

Dr. Christian Bernreiter is CEO of the consultancy »eigen.wert«. He is active as management consultant, supervisor and systemic coach. He presides over the German Association for Consultancy.
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What are my strengths and how can I use them optimally at work? How does the right task find the right person? Why are some successful and others are not?

To correctly assess the potentials of ourselves and of others is the key for a cooperative and constructive collaboration. Based on the typology by Myers/Briggs, Stefanie Stahl and Christian Bernreiter present the basics of type-oriented team building. By using a personality test, individual strength profiles can be generated: Extroverts are great in communicating with clients, abstract people in creating concepts and decisive ones in righting mistakes. Thus success comes no longer by accident but is created through a perfect use of all team members.

- Germany's most successful psychologist and management expert show how it's done
- Finding the optimal team structure with personality tests
- **#1 Spiegel** bestselling author with more than 1.2 million copies sold

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