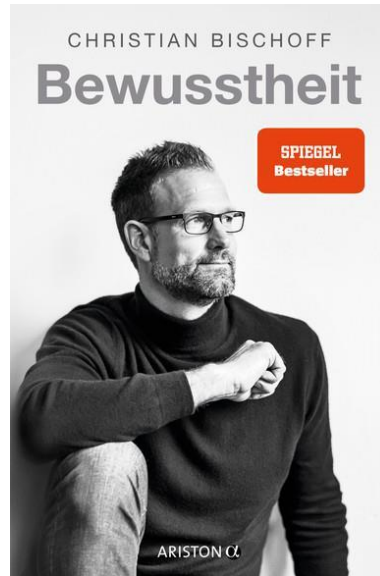


Live in consciousness, find your joy – and spread peace in the world!



Christian Bischoff **A Very Conscious Being**

[Bewusstheit]

How to become who you want to be

Ariston
224 pages
5 b/w illustrations
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Christian Bischoff was a national basketball player at the age of 16 and the youngest national league trainer at the age of 25. Today he is a book author, consultant, and speaker in the private sector and one of the most popular seminar leaders in the German-speaking realm.

Thoughts are continually determining our lives. In order to not become enslaved to our negative thoughts and emotions, we need to have a very conscious kind of awareness. Such awareness helps guide our thoughts and feelings so that we behave and thus live how we really want to. Through this we will have the opportunity to discover our hidden potentials and to discover the authentic self.

Personal transformation through such consciousness results in even more: It imparts an inner peace, which can be shared with others. In this way we can spread peace in the world – but only by beginning with ourselves.

- Competent, packed with energy, life changing!
- Discovering the strongest power of your life – transforming your perspectives
- Examining your convictions, consciously forming your beliefs to tap into personal potentials